



November

2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage on Stick w/Syrup (190/20) ----- Cheeseburger/WG Bun (385) Tater Gems (160) Peaches (59)	2 Cheese Omelet w/toast (180/70) Hash Brown (143) ----- Chicken Nachos w/ Queso Cheese (320) Green Beans (25) Pears (60)	3 Chocolate French Toast w/syrup (291/20) ----- Pepperoni Grilled Cheese (224) Tomato Soup (105) Broccoli w/ ranch (101) Grapes (31)	4 Biscuit & Sausage Gravy (273) ----- Chicken Patty/WG Bun (281) Buttered Corn (70) Applesauce (50) Roll (90)	5 New Item English Muffin Pizza (310) ----- Spaghetti (270) Garden Salad w/ranch (100) Banana (105)
8 Sausage on Stick w/syrup (190/20) ----- Hot Dog/WG Bun (170) Peas (59) Apple (95)	9 Cheese Omelet w/toast (180/70) Hash Brown (143) ----- Crunchy Beef Taco (299) Lettuce & Cheese (84) Refried Beans (40) Strawberries (24)	10 French Toast w/syrup (190/20) ----- Cheese Pizza (290) Carrots w/ranch (41) Grapes (31)	11 VETERANS DAY Biscuit & Sausage Gravy (273) ----- Chili w/crackers (107) Cheese stick (110) Celery w/ ranch (76) Orange (45)	12 English Muffin Pizza (310) ----- Beef Stroganoff (250) Peas (59) Peaches (60)
15 No School Teacher Work Day	16 Cheese Omelet w/toast (180/70) Hash Brown (143) ----- New Item Cheeseburger Nachos (332) Lettuce, Cheese (84) Texas Pintos (145) Grapes (31)	17 French Toast w/syrup (190/20) ----- Ravioli (250) Green Beans (20) Tropical Fruit (60)	18 Biscuit & Sausage Gravy (273) ----- Roasted Turkey (140) Mashed Potatoes w/ Gravy (110/35) Hot Roll (90) Dessert (125)	19 English Muffin Pizza (310) ----- Cheesy Chicken Casserole (290) Salad w/ ranch (100) Banana (105)
22 Sausage on/ Stick w/syrup 190/20) ----- Popcorn Chicken (230) Cheesy Potatoes (70) Green Beans (25) Mixed Fruit (70)	23 Cheese Omelet w/toast (180/70) Hash Brown (143) ----- PB&J (300) Baby Carrots (41) Apple (95)	24 No School	25  Happy Thanksgiving!	26 No School
29 Sausage on Stick w/syrup (190/20) ----- Chicken Patty/WG Bun (281) Cauliflower (20) Strawberries (40)	30 Cheese omelet w/toast (180/70) Hash Brown (143) ----- Pepperoni Pizza (241) Salad w/Ranch (100) Orange (45)	 "This institution is an equal opportunity employer."	Menu subject to change without notice! All meals served with FF or Skim milk! Cereal and juice/fruit served at all breakfasts	Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.